



Easy Ayurveda Hospital

ADDRESS:

**Easy Ayurveda Hospital,
Mangalore, India**

WHATSAPP:

+91 88673 85567



Namaste 🙏

Many thanks for your kind interest.
I am Dr JV Hebbar, founder of Easy
Ayurveda.

I have provided all the
information below.
If you have any doubts, feel free
to revert.



My personal whatsapp + phone number is
+91 9900 331567

But I miss some messages sometimes due to busy
schedules.

Our reception whatsapp number is:
+91 88673 85567

Messages sent to this is usually not missed as
picked up by the reception team.



Our email id is
hebbarjv@gmail.com

Address of Hospital:

Easy Ayurveda Hospital, Beside Mphasis, Morgan's Gate,
Jeppu, Bolar, Mangaluru

Google map link:

<https://maps.app.goo.gl/BFhon7FFYAJ4pf2h8>

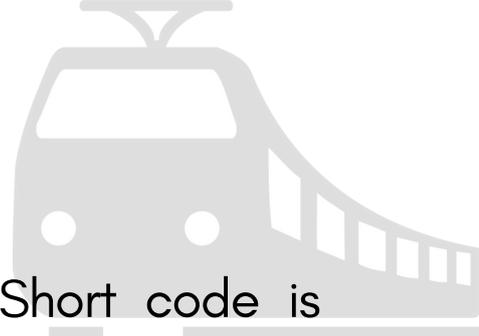
Video of the hospital -

<https://www.youtube.com/watch?v=JamnyWO-hhY>



Easy Ayurveda Hospital Location

The 50 bedded hospital is located in the beautiful coastal city of Karnataka, Mangaluru, which is also known for magnificent beaches and temples 😊



Mangaluru has an international airport (Short code is IXE). Usually flights are routed to Mangaluru via Delhi, Mumbai or Bangalore.

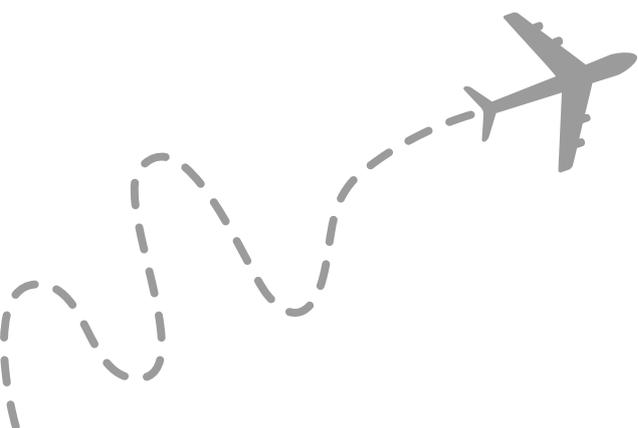
The hospital is 15 km from the airport.

The Mangaluru city has 2 train stations (Railway stations) – Mangaluru Junction (short code is MAJN) and Mangaluru Central (short code is MAQ).

Both are 4 -5 km away from Easy Ayurveda Hospital. We offer pick up and drop facility from Mangalore airport or from train stations.

You can take a cab and come by yourself.

But if you want our taxi to pick you up,
Fees for this is **25 USD** if it is between **7 am to 7 pm.**
35 USD, if it is between **7 pm to 7 am**



Facilities at Easy Ayurveda Hospital

We have Pharmacy store, laboratory for blood and urine analysis, Physiotherapy room, 900 sq ft. Yogahall, full-fledged Panchakarma theatre Beauty therapy centre, Healthy restaurants, Minor Operation theatre (for Ayurvedic treatment of wounds, abscess, ulcers, piles, fistula, fissure etc.), laundry, library, wifi



Please see the hospital video here

<https://www.youtube.com/watch?v=JamnyWO-hhY>

Mindset of the students:

- We usually take 2 theory classes and 1 practical class per day along with patient observation with the help of consulting doctors and rounds.
- With great efforts, our doctors and therapists take these classes with due attention to individual tuition.
- On the first day, your interview will be conducted and based on your subject priorities, the teaching lessons will be scheduled. This schedule or topics cannot be changed later.
- Later, if you want additional topics to be covered, you will need to stay for extra days to learn them. The newly added topics cannot be inserted into the current schedule.
- If there are 2 or more individual students, then these students will be clubbed together, while taking theory and practical sessions.
- Obedience, humbleness are expected.



For Ayurvedic students:

The student can enlist the topics of his / her interest.



For freshers, we can schedule the timetable with topics based on the duration of stay.

Based on the syllabus given, a customized teaching and training plan will be made.



For students, daily morning Yoga session is complementary (free).

Once after the initial online assessment, 2 weeks ahead of your arrival, our tutors here will make a suitable custom syllabus for you, considering your knowledge levels and your special interests and inclination towards certain topics.

For clinical internship:

Typical day of internship

Below is the typical routine of most of the foreign Ayurvedic students.

Based on your knowledge requirements, we will customize the whole program for you.



Morning around 7 am – Yoga session

Panchakarma medicine preparation – preparation of medicines for Panchakarma procedures, scheduled for that day.



Rounds with an Ayurvedic doctor – in which the doctor explains in brief regarding each patient who is admitted in the hospital – disease and treatment protocol. You can watch the progress of the patient's day by day.



Typical day of internship



Live patient consultations sitting beside the doctor

The consultations happen in local language, but the doctor will explain the patient details, during free time.

We usually teach topics of your interest, do old patient case sheet discussions,



Visiting herbal gardens



**Medicine manufacturing,
Cooking classes**



Typical day of Internship

Panchakarma training



Astrology



This depends on the topics that you want us to teach and your duration of stay here.

We have Ayurvedic doctors, teachers and professors of all branches – Pediatrics (children), Women's health care, Ear, Nose, Throat, Eye, Surgery, General medicines etc... etc..

Minimum duration of stay – 2 weeks.
Maximum duration of stay – six months

At least 2 weeks before your arrival, if you can send the topics that you want to master here and the number of weeks that you would be staying here, then we can plan better.

Testimonials

We have trained numerous foreign students visit the hospital –
from USA, Canada, Poland, Chile,
New Zealand, Slovakia, Nicaragua etc.

We have treated patients from Czech republic, France, Chile,
New Zealand, Canada, USA etc.



Find some testimonial videos of our students and patients here
[Click here!](#)

Find some photos and videos of the hospital here
<https://maps.app.goo.gl/8QP2vMqmuQMhKiZUA>

Treatments:

We do full range of Panchakarma, including

- Ayurvedic surgery for piles, fistula, fissure, non healing wounds,

- Agnikarma (cautery and fire therapies),

- Beauty therapies,

- Bloodletting (Rakta mokshana), leech therapy,

- Vamana, Virechana, Basti, Raktamokshana, Kerala therapies like Njavara Kizhi, Ela Kizhi

- Other therapies such as shirodhara, all types of Swedana, Yoga, physiotherapy, naturopathy and acupuncture treatments etc.



Training methods:

- For beginners – there will be theory classes, doubt clarification sessions and practical sessions on basic Panchakarma, herbs, medicines etc.
- For Panchakarma and other therapy learning – practical hands on training will be provided with the help of our therapists and senior Ayurvedic doctors.
- For theory classes – senior expert Ayurvedic doctors will take sessions on topics of your interest and you can ask any number of questions to them.
- For Dravyaguna, actual herbs will be shown while explaining its uses and benefits
- For Ayurvedic cooking classes, Panchakarma medicine preparation and Ayurvedic medicine preparation classes – practical hands on training is provided where we prepare the actual medicines, oils etc.
- Beauty therapy classes – initial few classes will be watching the therapists performing, later hands-on and related theory classes.



Rooms and pricing:

Deluxe Rooms

Contains a living room and a bed room with two beds, attached private bathroom and balcony, with a/c, wifi, 3 meals, 2 coffee / tea, the price, including training fees is **100 USD per day**.

Training, accommodation, 3 meals and 2 coffee / tea - all included fee is given below. There will be no change in this fee, even if meal(s) is missed.

Minimum duration of stay = 2 weeks.

The price does not include laundry, evening snacks and juice.

They have to be paid extra.

2 students in a room = **90 USD per student, per day**.

[Video of deluxe room here - click here!](#)



Rooms and pricing:

Semi deluxe room:

Contains one room, with bed, attached private bathroom, with a/c, wifi, 3 meals, 2 coffee / tea. There will be no change in this fee, even if meal(s) is missed.

The price is including training charge.

80 USD per day. Minimum duration of stay = 2 weeks.

2 students in 1 semi deluxe room, price is **70 USD per person per day.**



Video of Semi Deluxe room - [Click here!](#)



Rooms and pricing:

Standard room:

It is similar to semi deluxe room, but without a/c.

It looks the same as semi deluxe room.

Training, accommodation, 3 meals and 2 coffee / tea - all included fee is given below. There will be no change in this fee, even if meal(s) is missed.

Price per day = 60 USD

2 students in one standard room = **55 USD per student per day.**



Sunday charges:

Deluxe room fee - 40 USD per person (single or shared)

Semi deluxe room - 30 USD per person (single or shared)

Standard room - 20 USD

This covers 3 meals, 2 coffee / tea and accommodation. There will be no change in this fee, even if meal is missed.

Pricing:

Payment terms:

450 USD to be paid online as non refundable advance payment, online here

<https://www.paypal.me/hebbarjv/450USD>

100% payment, to be made on the first day of arrival and is non-refundable.

If the student is coming for a few months, then payment can be made on per month basis.

Currency exchange:

We provide currency exchange service, with better rates than what is available at the airport.

If you want to undergo treatment or experience therapies:
Please bring old clothes and a towel to wear after the therapies.
The therapy charges are applicable.

Range of therapy charges is local therapies - around 10 USD
Full body therapies - average 20 USD. Once you are here, the specific therapy prices will be informed to you.

Syllabus what and all we can teach for a school or college

We have capacity to host 30 students at a time. We have a dedicated digital class room, practical room for showing herbs, herbal remedies, medicine preparation, a herbal garden and 900 square feet Yoga room.

Program for students:

- Basics of Ayurveda – theory classes
- Cooking classes – theory and practical
- Prakriti analysis – practical training + theory
- Patient examination – theory + practicals
- Bhaishajya kalpana – medicine preparation, a live pharmacy visit, visit to herbal garden with 300+ Ayurvedic herbs and trees



Syllabus what and all we can teach for a school or college

- Anatomy, physiology, etc.
- Beauty therapies, cosmetology
- Ayurvedic therapies – theory and practical hands on training



- Disease understanding, diagnosis and treatments
- Dravyaguna – herbology with actual herbs in hand

Syllabus what and all we can teach for a school or college

Internship with live cases

Rounds with senior doctors for admitted patients to see day to day progress



Yoga, pranic healing, naturopathy, physiotherapy, laughter therapy, Marma therapy, Full range of Panchakarma including rakta mokshana, leech therapy etc.

Please let me know if you have any questions

For further communication, please write to

hebbarjv@gmail.com



Easy Ayurveda Family is excited to welcome you

Thank you!